

You can live well with diabetes

Free diabetes workshops in the Goldfields – January to March 2019

Esperance	Tuesday, 26 and Wednesday, 27 February (two half days in total)	9.30am – 1.30pm
Esperance	Monday, 25 March	8.45am – 4.30pm

Make small changes to live a healthier life with your family.

Free type 2 diabetes workshop 'DESMOND'

Whether you are newly diagnosed or have been living with diabetes for some time, the DESMOND workshop will help you manage your diabetes.

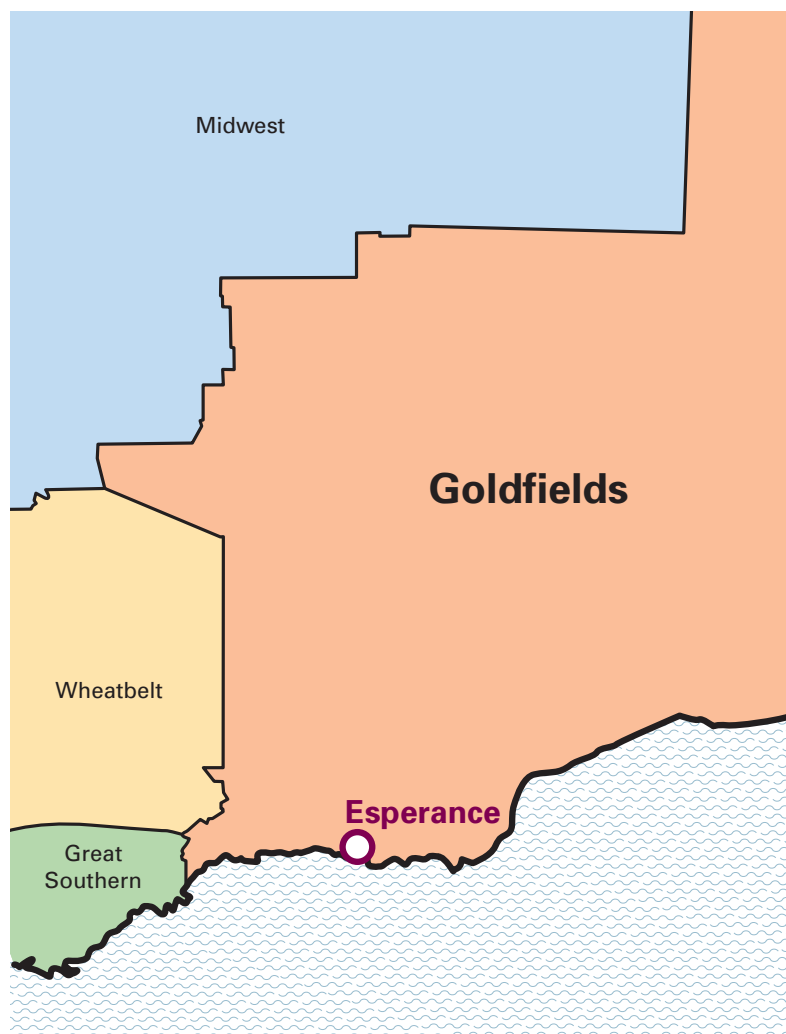
- Meet people like you and learn everything you need to know about type 2 diabetes, including information on food choices and medications.
- You can bring a friend or family member with you for support.

Bookings are essential. Contact us to secure your spot.

☎ 1300 001 880

✉ bookings@diabeteswa.com.au

🌐 diabeteswa.com.au



Call 1300 001 880 or visit diabeteswa.com.au and book in now




diabeteswa®
If you've got it, we get it.