

You can live well with diabetes

Free diabetes workshops in the Goldfields – October to December 2018

Esperance	Monday 8 October 2018	8.45am – 4.30pm
Esperance	Monday 26 & Tuesday 27 November 2018 (two half days in total)	8.45am – 12.00pm
Kalgoorlie	Monday 15 October 2018	8.45am – 4.30pm
Kalgoorlie	Friday 30 November 2018	8.45am – 4.30pm

Make small changes to live a healthier life with your family.

Free type 2 diabetes 'DESMOND' workshop

Whether you are newly diagnosed or have been living with diabetes for some time, the DESMOND workshop will help you manage your diabetes.

- Meet people like you and learn everything you need to know about type 2 diabetes, including information on food choices and medications.
- You can bring a friend or family member with you for support.

Bookings are essential.
Contact us to secure your spot.



Make small changes to live a healthier life with your loved ones

☎ 1300 001 880

✉ bookings@diabeteswa.com.au

🌐 www.diabeteswa.com.au

